



Safer Schools Newsletter/Key Stage 1 Week 5



Welcome to our Fifth Safer Schools Weekly Newsletter. Our main focus this week is to help you stay safe whilst you are out and about during the summer holidays. This is our last Newsletter until September where we will be changing to a more, in-depth monthly edition. Please feel free to contact us throughout the holiday period with any ideas or particular subjects you wish us to include or advise on.
Enjoy and stay safe!



Water Safety



As you head off to enjoy your summer holidays, you will hopefully be using the time to enjoy the outdoors. Remember to stay safe around the water this summer. Water can be so much fun but it can also be dangerous. Here are some tips to keep you safe.

- Stay away from the edge when you are out walking
- Only go into the water if you are being supervised by an adult and YOU feel safe to do so
- Read signs displayed around the water
- Always be careful and don't take any risks
- Call 999 and ask for the coastguard at the coast and the Fire Service when inland
- If you become tired in the water, turn on your back and float and call/ask for help

To find out more about being safe in the water go to [The Royal Life Saving Society UKs website](http://www.royallifesaving.org.uk)



Road Safety



With the summer holidays nearly here, it's important to remind ourselves of some road safety tips to keep you safe when you are out and about with friends and family.

Click on this link to play a very short Road Safety message:

<https://www.youtube.com/watch?v=pl4Ye4Ezo00> and click on this link to watch Crossing roads, Kids know best <https://www.think.gov.uk/resource/crossing-roads/>

- Always Stop Look and Listen – We all need to remember to stop (with our feet behind the kerb) Look all around and listen out for vehicles. Sometimes you can hear vehicles (Cars and traffic) coming before you can see them.
- Hold hands with our parent or carer when we are out and about. Holding hands with our parent or carer can help us to stay safe.
- Traffic (cars and vehicles) use the roads and pedestrians use the footpaths. What is a pedestrian? It is someone who walks around using the pavements and crossing roads.
- Use a safer place to cross: Where is a safer place to cross? Zebra crossing, crossing with traffic lights, Bridge, Underpass.
- Always play in a safe place, like your garden, a playground or the park. Do not play in or near a road.
- Wear a cycle helmet when we are out on a bike or scooter.
- Always wear your seatbelt when travelling in a car.

In an Emergency:

999

Learning to call 999

Do you know what to do if there is an emergency? Have a look at this short video to help you act quickly and have confidence when calling 999.

<https://www.youtube.com/watch?v=kX2pwVxgtIQ>

We would love to hear your feedback & comments. You can contact the team via our email Schools&CYP@Cambs.pnn.police.uk

Call: 101

Textphone: 18001 101

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Enjoy the summer holidays and see you in September!!



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